



THE LEADER

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Grand Forks Air Force Base, N.D. ♦ www.grandforks.af.mil

Nov. 28, 2003



Circle of life

Celebrating Native-American Heritage

– See Pages 12-13

319th Air Refueling Wing ♦ Winners of the Air Force Outstanding Unit Award (July 2000 to June 2002)

Inside: Services Spotlight

Weekend weather

Today	28/18	Partly Cloudy
Saturday	34/12	Lt. Wintry Mix
Sunday	25/8	Snow Showers
Monday	29/13	Partly Cloudy



Weather information courtesy
www.weatherchannel.com

Insert



Monthly promotions

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Warrior hoops

Page 16



Wing 'vector check'

By Col. Mark F. Ramsay
319th Air Refueling Wing commander

For the past two months, I've had the honor to command the finest air mobility wing in the world's greatest air and space force, and I'm extremely proud of our can-do attitude and achievements!

To continuously move forward, I firmly believe we must have a common understanding of wing priorities and the way ahead, or a "vector check," as we fight the Global War on Terrorism and defend our nation from future aggression.

Our wing priorities

► We'll take care of our superb airmen, civilians and military families around the clock, and see to it that we're mentally, physically and spiritually fit to fight.

► We'll enhance the personal and professional development of our airmen to execute global air mobility and expeditionary combat support operations.

► We'll continue to procure and integrate world class technology and equipment into our deployment packages and home station infrastructure.

► We'll continue to improve base facilities and quality of life programs for everyone who lives, works and depends on this base.

Our way ahead

We'll build on our exceptional family support and readiness programs by combining "Town Hall" meetings with the Community Action and Information Board, developing a "key spouses" program to enhance our ability to assist all airmen, and update our Community Action Plan.

Unit fitness programs will continue to mature, ensuring we're fit to fight.

We'll complete the new Airmen's Center to provide a superb facility for our enlisted airmen to responsibly have fun and socialize, led by our new Airmen's Activity Council. We will collaborate with TriCare and the Veteran's Administration to enhance medical services available on our base to ensure optimum health care for all beneficiaries.

We'll embrace the new Force Development construct, starting with our superb officer cadre, and continue to ensure all Air Force members complete targeted Professional Military Education and advanced academic degrees in the right skill sets and at the right time while planning for a future Professional Development Center. We'll work with Air Mobility Command and our sister wings to bring more balanced and realistic requirements to OPlan 8044, and refine training to ensure we can support any Tanker Airlift Control Center, theater or wing-tasked mission. We'll continue to hone our bare base and ability to survive and operate skills through realistic training and exercises.

We'll continue to modernize deployment processes and equipment to maintain our edge as the premier air mobility wing in the world. We'll continue to work with AMC to hone the Roll-On Beyond Line of Sight system and pave the way for the future bed down of the new KC-767 aircraft. Building 523 will be renovated to become a world class deployment and redeployment center. We'll continue to procure improved information technology, communications,

Action Line 747-4522

The Action Line is your avenue for information about events and activities on and around the base.

For questions about current events or rumors, please leave a message. Questions will be answered in the order they are received.



Col. Mark Ramsay
319th Air Refueling Wing commander

Town Hall meeting answer

Q: *How come there is not a consistent "Welcome Wagon" program in place, so that each individual and family is warmly welcomed to the base?*

A: The new buzzword is called the Sponsorship Program.

Each military member is required to sponsor members and their families to new locations. Part of those duties are to put together packages that include items such as school information, communi-

ty calendars (on-base and local community), letters from the commander, maps and more.

Additionally, each month, the Military Personnel Flight hosts a newcomer's orientation. This is a wonderful forum to learn more about the bases, community activities and job opportunities.

The next newcomer's orientation will be Dec. 2 from 7:30 a.m. to 12:15 p.m. in the Northern Lights Club.

For details, call customer service at 747-4889.

18

DWI-free days

88%

Mission effectiveness rating

– See VECTOR, Page 3



Photo by Staff Sgt. Jason Gamble

Cover photo

Ms. Jackie Bird performs the "hoop dance," which has been passed down through her family from generation to generation. The hoops represent the circle of life.

Editorial staff

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2nd Lt. Ashley Gee	Chief, internal information
Tech. Sgt. Scott Davis	NCOIC, public affairs
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– VECTOR, from Page 2

force protection and mobility equipment to ensure we can defeat any adversary. We must constantly strive to become lighter, leaner and more focused on air and space expeditionary operations.

We’ll continue to improve our already superb quality of life in the Grand Cities. Through Operation Enduring Friendship, the local community has provided over \$100,000 in free tickets to sports, arts and cultural events in the local area since August. The interior of our base exchange is undergoing a facelift, a new commissary will open soon, a “J.R. Rockers Sports Café” will be added to our club in 2004, our renovated Honor Guard facility will open soon, and Sundt Construction is under contract to build 318 single family and duplex homes with two car garages that match or exceed off-base housing standards.

Our mission is vital – to ensure the safety and security of the greatest nation on earth – and we will take care of our people to ensure we always accomplish our mission.

Valuable lessons learned from MAREs

By Airman Patrice Clarke
Public affairs

“Practice makes perfect.”

Whether it applies to playing your clarinet or running plays on the football field, practice helps. When the time comes to put what you have learned into action, you know what to do.

In the event a KC-135 crashed into Sunflake housing, would you know what to do? This doesn’t just apply to the medical staff, fire department or commanders. What about that airman in finance who is on the search and rescue team? Does that airman know what to do, who to talk to and how to handle themselves in that sort of situation?

That is one of the main reasons we have Major Accident Response Exercises. MAREs test the base’s ability to respond to major accidents.

All Air Force bases are required to conduct MAREs. They tailor them to apply to their base. Patrick Air Force Base in Florida could have MAREs that factor in hurricanes and floods. McConnell AFB in Kansas could have MAREs that factor in tornadoes. Grand

Forks AFB might have a MARE that factors in a blizzard.

The inspector general’s office on each base plans out a scenario, whether it be a KC-135 crashing into a dorm unit on base, a commercial plane crashing on our runway or – the scenario from this recent MARE – an F-16 crashing into a field just off base.

After the scenario is in place, an exercise evaluation team is built from the services on base. The family support center, medical group, fire department and public affairs are some of the main players, not to forget overall wing leadership. The team discusses what they want their airmen to get out of the exercise. The fire department might say they want to test their airmen’s ability to handle multiple fires. Public affairs might say they want to test their airmen’s ability to handle pushy media, nagging reporters and cameras on scene.

I am a brand new airman, and until Nov. 14, I didn’t know these existed. This helped me because it put what I

learned in tech school to work. Just like cooking out of a cookbook, you never know if the food you make is going to turn out like the picture until you actually try it.

These exercises help that first-term airman who works in finance and is on the search and rescue team cope with being on scene looking for that lost pilot. These exercises help the security forces airman, who’s been in the military for three months and never had to hold back a crowd of reporters, deal with that situation.

MAREs help that brand new airman who works in the fire department get out there and see the scene of a major accident. They help that airman who works in the med group get accustomed to helping massive amounts of people as opposed to just one.

Many people don’t understand the big picture when it comes to these exercises. The Air Force, Air Mobility Command, and this base just want its airmen to be prepared for any situation.

Winter, holiday fire prevention tips

By Staff Sgt. Javier Calvillo
Fire inspector

Traditionally, the winter season is a time of joy and celebration due to the holidays. But all too often, lights and decorations are replaced by ash and soot due to a tragic fire.

As part of this year's winter fire prevention campaign, your fire prevention office would like to offer the following information to help you stay safe.

Vehicle block heaters

Many are not aware of what fire prevention steps to look for regarding vehicle block heaters. Here are some simple tips that will help you throughout these winter months:

- ▶ It's recommended getting your vehicle block heater checked by a car service before using it to make sure its wiring is not frayed or has any other problems.
- ▶ Make sure the extension cord used to plug in your vehicle block heater is appropriately rated for outdoor use – specifically for water and cold weather.
- ▶ Never plug one extension cord into another.
- ▶ Inspect your extension cords often to make sure they are not cracked or frayed. If they are, replace them. Never tape them up and continue use.
- ▶ When using extension cords, ensure they are not pinched in doorways, windows, placed underneath any items or ran through dryer duct work.

- ▶ Only plug in your block heater when there are below freezing conditions.

Holiday lights

- ▶ Make sure all of your decorative lights, both indoor and outdoor, have a label from a reputable testing laboratory. Inspect your lights, and if you find cracked or frayed cords, discard them.
- ▶ Never overload outlets or run extension cords under carpets, across doorways, on or under heaters, through dryer vents, or pinched behind furniture. Always make sure you unplug all decorative lights before you leave your house or go to bed.
- ▶ Plug your lights into a multi-outlet strip or surge protector that has its own circuit breaker.

Candles

- ▶ If you light candles as a part of your holiday celebrations, make sure that they are a safe distance from combustible decorations or displays.
- ▶ Always keep candles away from curtains and avoid areas such as windows or doorways. Never leave any candle unattended or within the reach of small children. Extinguish candles by wetting the wicks before you leave a room or go to bed.

Parties

- ▶ You should only use flame-retardant or noncombustible materials for costumes and decorations. Provide smokers with large, deep, non-tip ashtrays and keep an eye on anyone who is drinking and smoking.

- ▶ Make sure to empty ashtrays often, and wet their contents before dumping them. Before going to bed, check cushions and furniture for cigarette butts.

Child safety

- ▶ Keep matches and lighters out of children's reach, up high and in a locked cabinet. Teach children to stay away from candles, fireplaces and space heaters. Remind them fire is a tool for adults – not a toy for children.
- ▶ When buying presents for children, avoid those that could be highly flammable.
- ▶ Make sure all electric toys have a fire safety label from an independent testing laboratory.

Space heaters

These devices are probably the most dangerous of all items this time of year.

According to the National Fire Protection Association's vice president for public education, the "December and January month's heating equipment is the leading cause of fire deaths in American homes."

Home safety

Report all fires by dialing 911, no matter how insignificant they may seem. Make sure your smoke detector is working properly and your family has practiced a home escape plan. Let all members of the household know fire prevention is everyone's responsibility.

For details, call the fire prevention office at 747-4174 or 747-4442.

Base CCAF fall semester graduates

The following base members received their Associates in Applied Science degree from the Community College of the Air Force as part of the fall 2003 graduating class:

- ▶ Senior Airman Michael Crumby, 319th Aircraft Maintenance Squadron – Avionic Systems Technology
- ▶ Senior Airman Amy Eveslage, 319th AMXS – Aviation Maintenance Technology
- ▶ Tech. Sgt. Brian Haifley, 319th AMXS – Criminal Justice
- ▶ Tech. Sgt. Brent Haifley, 319th AMXS – Avionic Systems Technology
- ▶ Master Sgt. Brad Johnson, 319th AMXS – Aircraft Systems Technology
- ▶ Senior Airman Joshua Kalina, 319th AMXS – Aviation Maintenance Technology
- ▶ Staff Sgt. Kevin Norman, 319th AMXS – Aviation Maintenance Technology
- ▶ Senior Airman Joel Olczak, 319th AMXS – Avionic Systems Technology
- ▶ Senior Airman Shane Tuck, 319th AMXS – Avionic Systems Technology
- ▶ Senior Airman Amber Alcoser, 319th Air Refueling Wing – Aviation Operations
- ▶ Staff Sgt. Jaine Conrad, 319th ARW – Information Systems Technology
- ▶ Master Sgt. Betty Hartman, 319th ARW – Aerospace Historian
- ▶ Master Sgt. Brian Blake, 319th Civil Engineer Squadron – Mechanical and Electrical Technology

- ▶ Master Sgt. Richard Lien, 319th CES – Fire Science
- ▶ Staff Sgt. Ramon Padilla, 319th CES – Mechanical and Electrical Technology
- ▶ Master Sgt. Bruce Smoot, 319th CES – Mechanical and Electrical Technology
- ▶ Staff Sgt. George Abejuela, 319th Communications Squadron – Electronic Systems Technology
- ▶ Tech. Sgt. John Boggs, 319th COMM – Electronic Systems Technology
- ▶ Master Sgt. Daryl Williams, 319th COMM – Human Resource Management
- ▶ Tech. Sgt. David Goff, 319th Contracting Squadron – Logistics
- ▶ Staff Sgt. Benjamin Hanson, 319th Comptroller Squadron – Financial Management
- ▶ Staff Sgt. Christine Fluellen, 319th Logistics Readiness Squadron – Logistics
- ▶ Senior Airman David Hanes, 319th LRS – Logistics
- ▶ Staff Sgt. Jason Klukas, 319th LRS – Vehicle Maintenance
- ▶ Staff Sgt. Laura Lu, 319th LRS – Logistics
- ▶ Master Sgt. James Miles, 319th LRS – Aviation Maintenance Technology
- ▶ Senior Airman Amanda Padilla, 319th LRS – Information Management
- ▶ Senior Master Sgt. Glenn Roy-Johnson, 319th LRS – Logistics
- ▶ Senior Master Sgt. Harry Walker, 319th LRS – Human Resource Management

- ▶ Master Sgt. Brian Williams, 319th Medical Operations Squadron – Allied Health Sciences
- ▶ Staff Sgt. Kelly Vernon, 319th Medical Support Squadron – Laboratory Technology
- ▶ Senior Airman Cassandra Talbot, 319th Maintenance Operations Squadron – Aviation Maintenance Technology
- ▶ Staff Sgt. Rex Lawson, 319th Maintenance Squadron – Aviation Maintenance Technology
- ▶ Tech. Sgt. Daniel Leslie, 319th MXS – Aerospace Ground Equipment Technology
- ▶ Airman 1st Class Steve Meyers, 319th MXS – Aviation Maintenance Technology
- ▶ Tech. Sgt. Brett McCracken, 319th Operations Support Squadron – Aviation Management
- ▶ Staff Sgt. Christopher McMullin, 319th OSS – Airway Science
- ▶ Staff Sgt. Daniel Casetta, 319th Security Forces Squadron – Criminal Justice
- ▶ Tech. Sgt. Tritum Darby, 319th SFS – Criminal Justice
- ▶ Tech. Sgt. Luke Carney, 319th Services Squadron – Fitness, Recreation and Services Management
- ▶ Master Sgt. Martin Dempsey, 342nd Recruiting Squadron – Personnel Administration
- ▶ Tech. Sgt. David Canfield, 373rd Training Squadron – Avionic Systems Technology
- ▶ Tech. Sgt. Roger Swiger, 373rd TRS – Aircraft Systems Maintenance
- ▶ Staff Sgt. Andre Moore, 911th Air Refueling Squadron – Airport Resource Management

Twenty-four enlisted members promoted

The following base members will be promoted in December:



Patrick A. Cain
Anthony S. Davis
Michael L. Kennedy
David L. Voorhees



Tommy E. Cook, Jr.
Christopher D. Culley
Shawni L. Hedberg
Mark D. Heins
John E. Scheuer
Mark L. Wakefield
Nora W. Winkler
Scott D. Winkler



Jesse J. Baarstad
Adam T. Engh
Mark A. Hendrickson
Lonnie I. Martin
Joseph T. Miranda
Adam D. Stenback
Daniel M. Stobb
Leonold Wilkerson, Jr.



Joshua P. Fetherland
Clayton R. Greenwell
Benjamin M. Hess
Erwin J. Spears

Class dismissed

NCO development course held quarterly at ALS

By Airman Patrice Clarke
Public affairs

It was the first day of school for staff and technical sergeants around the wing Nov. 13 and 14 for the quarterly Non-commissioned Officer Professional Development Course held at the Airman Leadership School here.

The course is offered for staff and technical sergeants who have been out of ALS and are not projected for the NCO academy.

“It’s like a refresher course to keep them current on management and supervisory techniques,” said Master Sgt. Stu Eidenschink, Base Career Advisor.

Some of the subjects touched on at the two-day course involved Enlisted Performance Report bullets,

awards, decorations, and discipline.

“This course strengthens your supervisory abilities,” said Staff Sgt. John Gray, 319th Operations Support Squadron. “It really helped me with keeping better track of EPRs, when they are due and how to write better bullet statements. I would recommend this course to other (staff and technical sergeants),” he said.

The course is one part of the many duties of the career assistance advisor.

“As a career assistance advisor, we try to focus on every part of one’s career,” said Sgt. Eidenschink. “We hit on every aspect by talking to the airmen in the first term airmen center, and again at the Right Decision seminars offered to those entering into their reenlistment window.”

FTAC students are briefed on the milestones taking

place within their first enlistment by use of a planning worksheet that allows the first-term airmen to calculate all the important dates in their first term.

“The airmen calculate everything from when each rank will be obtained to assignment and cross-training eligibility windows,” said Sgt Eidenschink.

“I am available to advise and provide information pertaining to career choices and available options to the enlisted force at any point in thier career,” he said.

The next NCOPD course has not yet been scheduled, but interested staff and technical sergeants should keep their eyes open.

For details on career development, call Sgt. Eidenschink at 747-3596. He is also located in the community activities center and has a link on the base Webpage.

Submit FPCA for early 2004 primaries

By Maj. Robin L. White-Reed
Installation voting officer

The registration and absentee ballot request deadlines are approaching in states holding Presidential Preference Primaries in January and February, 2004.

In some states, voters should submit a Federal Post Card Application to their states before the end of 2003 in order to vote in these 2004 elections.

Following is a list of states and their scheduled Presidential Preference Primaries.

- ▶ District of Columbia – Jan. 13, 2004
- ▶ New Hampshire – Jan. 27, 2004
- ▶ Arizona – Feb. 3, 2004
- ▶ Delaware – Feb. 3, 2004
- ▶ Missouri – Feb. 3, 2004 (Submit FPCA no earlier than Dec. 22)
- ▶ Oklahoma – Feb. 3, 2004
- ▶ South Carolina – Feb. 3, 2004

- ▶ Virginia – Feb. 10, 2004
- ▶ Wisconsin – Feb. 17, 2004

Members of the armed forces and their family members who are residents of these states should register and request a ballot by completing and submitting an FPCA to their local election official before the end of 2003. Those voters should also submit a second FPCA after January 1, 2004.

FPCAs received after January 1, 2004, will allow voters to receive

absentee voting materials for the 2004 state primary and November general elections.

For details or assistance with absentee voting, visit your unit voting assistance representative, call Maj. Robin White-Reed at 747-5373, or e-mail robin.white-reed@grandforks.af.mil

Scholarships for Military Children program evolves

By Mrs. Bonnie Powell
Defense Commissary Agency

FORT LEE, Va. – The Scholarships for Military Children program is now open for business on a dedicated Web site at <http://www.militaryscholar.org>.

“Fisher House Foundation built the Web site just for this program,” said Mrs. Edna Hoogewind, Defense Commissary Agency liaison for the program, “and it’s great because it contains all the latest information about the scholarship program and can be accessed any time students are looking for scholarship information.”

Usually, program information is only available on <http://www.commissaries.com> when the scholarship program is actively seeking applications.

The Scholarships for Military Children program is administered by Fisher House Foundation and is funded by the manufacturers and other vendors that sell groceries and perform services in the commissary system.

Since 2001, the Scholarships for Military Children program has awarded nearly \$2.5 million in scholarships to nearly 1,500 children of active duty, retired and Guard and Reserve families.

The other “big news” is now the general public can participate in funding the

scholarships by making donations through the Web site at <http://www.militaryscholar.org>.

“This program is a valuable part of commissary outreach to the military community, and the generous support from our industry partners and Fisher House Foundation has made it a tremendous success in just three years,” said DeCA Director Maj. Gen. Michael P. Wiedemer. “The additional ability of the general public to show support to military families through donations to the program is really going to add a terrific new dimension.”

“We’ve learned that individuals, as well as corporations, are interested in supporting the Scholarships for Military Children program,” said Mr. Jim Weiskopf, Fisher House Foundation vice president for communications. “We provide a means to donate on the Internet through a secure credit card server, and there are no administrative fees involved. In addition, all Combined Federal Campaign donations to the Armed Services Foundation are used for the scholarship program.”

Military families, customers and the general public will be able to get to <http://www.militaryscholar.org> through DeCA’s Web site as well. Applications are

available online or at any commissary worldwide for the 2004 program until Feb. 18, 2004.

“Student applications increased last year by nearly 30 percent as store directors and staff really got out and spread the word about this great program,” said Gen. Wiedemer.

Over 6,500 applications were received in 2003.

“We hope that trend continues for 2004 and that our commissaries will get the word out about these new features,” the general said.

“Since the programs inception in 2001, Grand Forks Commissary has had 6 recipients with scholarships totaling more than \$10,000 dollars,” said Mr. Royden Hunnewell, store director at the Grand Forks Air Force Base commissary. “The number of scholarships awarded is determined by the amount of applications received at each commissary. If we receive less than 25 applications, we will have one recipient. Over 25 applications and we’ll get two recipients, over 50 applications and we’ll get three recipients, and so on.”

In 2002, the base had 53 applicants, and three scholarships were awarded.



Base chapel

CATHOLIC:

Mass: 9 a.m. Sunday, Sunflower Chapel.

Weekday Mass: 11:30 a.m. Monday,

Wednesday and Thursday, Sunflower Chapel.

Reconciliation: 8:30 to 8:45 a.m. Sunday, or by appointment, Sunflower Chapel.

CCD: 10:45 a.m. at Twining Elementary.

Adult education, sacramental programs: Call Mrs. Jane Hutzol at 747-3073.

PROTESTANT:

Traditional worship: 10:30 a.m. Sunday, Sunflower Chapel.

Contemporary worship: 6 p.m. Sunday, Prairie Rose Chapel.

Sunday School: 9 a.m., Eielson Elementary.

Protestant youth of the chapel: 4 to 5:45 p.m. Sunday, youth center.

Men of the Chapel Bible study: Noon Monday, Prairie Rose Chapel conference room.

Young adults: 6 p.m., Chaplain Swain’s home. For details, call 747-6468.

JEWISH:

For details, call Synagogue B’nai Israel at 775-5124.

RUSSIAN/EASTERN ORTHODOX:

For details, call Dr. Levitov at 780-6540.

MUSLIM, BUDDHIST, OTHER:

For details, call 747-5673.



Base theater

Today, 7 p.m.

Good Boy! (PG-13)

Saturday, 7 p.m.

Lost in Translation (R)

Dec. 5, 7 p.m.

The Texas Chainsaw Massacre (R)

Dec. 6, 7 p.m.

Kill Bill (R)

Tickets: \$1.50 children, \$3 adults
For details, call 747-3021/6123.

News Briefs

Military Appreciation Day Hockey Tickets

The community activities center is raffling off 300 tickets for the Dec. 5 Fighting Souix hockey game. Register before close of business Dec. 1 at the CAC.

All tickets will be raffled off Dec. 2 and the names of the winners will be posted on the services web page Dec. 3.

For details, call the 319 Marketing and Publicity office at 747-3238.

Operation Potato Sale

The First Sergeants Group is sponsoring a case-lot potato sale. For a \$5 donation, you will receive a 18 to 30 pound case of frozen processed potatoes (french fries, tator tots and spudsters).

Supplies are limited so talk to a first sergeant to reserve your case.

The sale and delivery will be 9 a.m. Thursday in the Liberty Square parking lot.

CES Spouses' Group Meeting

The Civil Engineering Squadron Spouses' Group will be meeting Dec. 9 at 7 p.m. for a holiday ornament exchange

in the CES Operations conference room. All CES enlisted and officers' spouses are welcome. Please bring a wrapped ornament (\$3 or less) for the ornament exchange.

For details, call Angela Fogarty at 594-9504.

Articles 15

► An airman received an Article 15 for violation of Article 92 (Dereliction of Duty – Possessing Alcohol in Dorm). Punishment includes suspended reduction to airman basic, forfeiture of \$200 for two months, suspended 15 days of extra duty, Letter of Reprimand and Unfavorable Information File.

► A senior airman received an Article 15 for violation of Article 92 (Dereliction of Duty – Playing monopoly, Allowing another to horse-play w/M-16; allowing self to be tied up - while on duty).

Punishment includes suspended reduction to airman 1st class, forfeiture of \$500 for two months, 31 days of extra duty and Unfavorable Information File.

► An airman 1st class received an Article 15 for violation of Article 92

(Dereliction of Duty - Underage Possession of Alcohol). Punishment includes reduction to airman, suspended forfeiture of \$645 for two months, 28 days extra duty, Letter of Reprimand and Unfavorable Information File.

► An airman 1st class received an Article 15 for violation of Article 92 (Dereliction of Duty - Possessing a weapon in dorm).

Punishment includes reduction to airman, suspended forfeiture of \$645 for two months, 45 days extra duty (30 days suspended), Letter of Reprimand and Unfavorable Information File.

► An airman received an Article 15 for violation of Article 128 (Assault) and Article 117 (Provoking gestures).

Punishment includes suspended reduction to airman basic, suspended forfeiture of \$575 for two months, 10 days extra duty, Letter of Reprimand and Unfavorable Information File.

► An airman received an Article 15 for violation of Article 86 (Failure to go), Article 92 (Dereliction of duty - Failed to close post office box - Disobey Direct Order) and Article 107 (False Official Statement). Punishment includes reduction to airman basic, suspended forfeiture of \$575 for two months, 45 days

restriction (suspended 30 days) 45 days extra duty, Letter of Reprimand and Unfavorable Information File.

► A staff sergeant received an Article 15 for violation of Article 92 (Disobey Lawful Order) and Article 107 (False Official Statement). Punishment includes reduction to senior airman, suspended forfeiture of \$912 and Unfavorable Information File.

► An airman received an Article 15 for violation of Article 92 (Dereliction of Duty - underage drinking). Punishment includes reduction to airman basic, 15 days extra duty and Unfavorable Information File.

► An airman received an Article 15 for violation of Article 86 (Fail to go) and Article 92 (Dereliction of duty - asleep on duty).

Punishment includes reduction to airman basic, suspended forfeiture of \$575, 30 days extra duty, and Unfavorable Information File.

► An airman received an Article 15 for violation of Article 134 (Failure to pay a just debt three times). Punishment includes reduction to airman basic, suspended forfeiture of \$575 for two months, 45 days restriction and Unfavorable Information File.

Commentary

Today

PASTA BAR: The Northern Lights Club offers a “pasta bar” along with the day’s hot entree during lunch from 11 a.m. to 1 p.m.

CLUB DINING: The Northern Lights Club dining room will be closed today.

Saturday

VIDEO NIGHT: The youth center is holding a preteen video night for ages 6 to 12 from 7 to 9 p.m. Cost is \$1.

CLUB KARAOKE: The Northern Lights Club offers Karaoke from 10 p.m. to 3 a.m.

CLUB DANCING: The Northern Lights Club offers dancing from 10 p.m. to 3 a.m. to ‘club mix’ music with “DJ ‘C.’”

Sunday

FOOTBALL FRENZY: The Northern Lights Club invites everyone to watch football and win prizes.

SUNDAY BRUNCH: The Northern Lights Club offers Sunday brunch from 10:30 a.m. to 1:30 p.m. Cost is \$3, and there is a Members First discount for club members.

Monday

FLOOR HOCKEY REGISTRATION: Register at the youth center Dec. 1 - 15 for youth floor hockey. Cost is \$30 and youth must have a current physical. Coaches are needed for all age groups.

FOOTBALL FRENZY: The Northern Lights Club invites everyone to watch football and win prizes.

Tuesday

PARENT/TOT PLAYGROUP: Parent/tot playgroup is held every Tuesday at Liberty Square from 10 a.m. to noon for ages 2 to 5.

TORCH CLUB MEETING: Torch Club meetings are Tuesdays from 6 to 7 p.m. at the youth center.

KEYSTONE CLUB MEETING: Keystone Club meetings are on Tuesdays from 7 to 8 p.m. at the youth center. Keystone Clubs are for Boys and Girls Club members 14 - 18 years old

Wednesday

WINNIPEG HOLIDAY TRIP: Outdoor recreation is sponsoring a trip to Winnipeg Dec. 6 departing at 8 a.m. and returning the same evening. The cost is \$17.50 per person and includes transportation only. Sign up at outdoor recreation by wednesday.

CLUB DINING: The Northern Lights club offers an “all-you-can-eat-taco” Bar from 5:30 to 8 p.m. Cost is \$6.

Thursday

COOKIE CONTEST: Services is sponsoring a cookie contest.

Stop by the base library or any other services facility to pick up a recipe entry form and contest rules.

Cookies will be judged Dec. 4. Recipe forms are due at the library Dec.2 to get them in the cookbook.

Bring entries and a baker’s dozen of your cookies to the library by noon Dec. 4. Prizes will be awarded in all categories, and there will be a grand prize. For details, call the library at 747-3046.

23rd ANNUAL TREE LIGHTING: There will be a base tree lighting, tree dedication ceremony Dec. 4 at 4 p.m. at in front of the base library.

The tree will be dedicated in honor of the bicentennial of Sakakawea’s significant contributions to the success of the Lewis and Clark Expedition. She was a translator, guide, wife and mother and to acknowledge the immeasurable achievements of all Native Americans and Warriors of the North.

Upcoming

PRETEEN SLEDDING TRIP: There is a preteen sledding trip to Turtle River State park Dec. 13 for ages 6 to 12.

The trip departs the youth center at 1 p.m. and returns at 4 p.m.

Cost is \$3 and youth must be signed up by Dec. 9.

Youth will need a sled, warm clothing, and a signed permission slip.

FARGO SHOPPING TRIP: Outdoor recreation is sponsoring a shopping trip to Fargo.

The cost for the trip is \$10 per person. Children younger than five are free.

Cost includes transportation only. Sign up by Dec. 10.

TRAVELING BASKETBALL REGISTRATION: Dec. 15 through Jan. 15 2004 is traveling basketball registration.

Anyone interested in participating on a traveling basketball team can sign up at the Youth Center.

The traveling teams are for both boys and girls in grades 6, 7, 8, and 9.

Cost is \$37 and youth must have a current physical. Coaches needed.

Notable events

On base

Airmens’s Center Ribbon Cutting

The base will be holding a ribbon cutting ceremony for the Airmen’s Center Dec. 4. at 3:00 p.m. at the Airmen’s Center.

Off base

Lighting of the Green

UND will have a tree lighting Dec. 2 to welcome the holiday season. The festivities start with the UND Concert Choir at 4:45 p.m. with holiday music, and UND’s carillon will provide music.

UND’s dining service will provide cookies and hot apple cider.

The UND community and greater Grand Forks is invited to attend.

Flu Shots

Help Greater Grand Forks prepare for emergency planning by participating in their Emergency Mass Vaccination Exercise Dec. 7 at the Alerus Center from 10 a.m. to 2 p.m. The goal is to vaccinate 2,000 people for influenza in four hours.

There will be free pizza and soft drinks afterward.

Commentary

1		2	3	4		5		6	7	8		9	10	11
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58							59							
60										61				

Happy Thanksgiving

By 1st Lt. Tony Wickman
Alaskan Command Public Affairs

ACROSS

1. Native American who helped 6 ACROSS in 1620
6. Purtain helped by 1
12. Tiger's organization
13. USAF space-lift vehicle for satellites
14. Cash machine
15. Poetry
17. Desire
18. Fiction writer Edgar Allen
19. Hope for Thanksgiving
20. Actresses Thompson and Caulfield
22. Knight
23. Drop
26. Dirt
27. Wampanoag chief invited to first Thanksgiving
31. Item 1 ACROSS taught 6
34. Woodwind instrument
35. Stadium cheers
36. Saga
37. Mend
38. Mocks
40. Overseas address
41. Tail markings for a/c

- assigned to 28th BW
42. Supervisor change in USAF (abbrev.)
43. USAF assignment system (abbrev.)
46. Computer "laugh"
47. Terra ____, Ind.
49. Tail marking for a/c assigned to 180th FW
50. Center of the solar system
51. Thanksgiving items filled with food
54. Reason for first Thanksgiving
55. Mistake
58. Actress Archer
59. 1621 colony governor who declared first Thanksgiving
60. Item had after Thanksgiving meal
61. Sault ____ Marie

DOWN

1. Emergency code
2. Former US base, RAF ____ Heyford
3. Holy site in India
4. USAF E-4 aircraft
5. Lyrical poem
6. Colony founded by 6
ACROSS
7. Article
8. Actresses Turner and Clarkson
9. Talk

10. Simpson trial judge
11. French lady (abbrev.)
16. Cliques
19. Former home to Clark AFB (abbrev.)
21. The Final Frontier?
22. Native American who first interacted with Mass. colony
24. President who declared Thanksgiving a national day
25. Apply
26. Hamm and Farrow
28. Cain's brother
29. Female pig
30. Mining goal
32. October birthstones
33. Remove from a magazine (two words)
38. Ancient Germanic letter (two words)
39. Acronym for George W. Bush
42. Dress a turkey?
44. Actress Kelly of The Cutting Edge
45. Pieces of glass
47. What 51 ACROSS are made of
48. Shock therapy formally (abbrev.)
51. Walking stick
52. Lively
53. Cushy
54. Owned
56. Fish egg
57. Increase



Native Americans Keep heritage alive

By Mrs. Sarah Bloch
Public affairs

In honor of National American Indian Month, a Native American heritage luncheon was held last week. “The Free Spirit of Contributions to our History” was the theme. From the University of North Dakota’s Department of Indian Studies, Dr. Greg Gagnon was the event’s guest speaker. Ms. Jackie Bird, a singer, songwriter and hoop dancer originally from a North Dakotan tribe, was the guest performer.

The guests shared some of their culturally rich traditions. In celebration of Native American heritage, Dr. Gagnon covered historical and modern topics in his presentation, followed by Ms. Bird’s artistic self-expression in the form of music, song and dance.

Presented by the base’s Hispanic Heritage Committee, the event was opened by the Master of Ceremony, Senior Airman Cristina Moreland, followed by the singing of The National Anthem by Senior Airman Ebony Carter. Head table introductions were made by the MC and Capt (Ch.) Andy McIntosh provided the invocation. Lunch was served and consisted of buffalo and turkey meats, fried bread, cranberry salad, potatoes and corn.

Ms. Bird’s dance for healing, the ‘hoop dance’ was the highlight of the event.

“It’s an honor,” she said. “(The hoop dance) is an honor of all nations for peace and global healing.”

She described how her grandmother gave her the right, the permission, to do the hoop dance. She has been doing the hoop dance since 1988. She said she finds herself hoop dancing more and more these days.

Clearly Ms. Bird enjoys what she does, evident in her inspirational comments to the audience.

“You’ve got to follow your dreams,” she said.

She went on to discuss how she had always wanted to travel the world and sing, song write and hoop dance.

“We celebrate life through singing, dancing, feasting and all that makes us feel good and happy,” said Ms. Bird.

She told about her various names, including ‘bird woman’ and ‘blue sparrow’ and ‘one who makes the people smile.’ She wore a head piece made of eagle feathers and made references to other varieties of birds she thinks of related to her family name. She makes her own dancing regalia, or special dress, made of various symbols and symbolic colors, including blue sparrows and a white buffalo on her beautiful handmade jacket in honor of her granddaughter.

Information on the program gives a summary of the hoop dance:

The dance has a different meaning for every tribe and for Ms. Bird it is for healing and has been passed down through her family from generation to generation. The hoops stand for the circle of life and used to involve just four hoops representing four directions, yet now involves 38 hoops. Woven through her performance are the intricacies and belief of her Native American culture. Her performance is more than a cultural expression. It is a gift shared by a spirited people who have mastered the skills necessary to preserve their culture.

Before her performance, Ms. Bird gave a ‘50 years of Air Power’ coin to Col. Eddie Douglas that had passed through her hands from Andrews Air Force Base and one to Tech. Sgt. Jeff Taylor for having had invited her to come perform at our base a few years ago.

The first song Ms. Bird sang was entitled “All that you do,” which she said was not yet recorded. She then announced that she had a “quick commercial” to say she

had CDs for sale for \$15, no tax. Part of the lyrics included ‘I will fly,’ ‘so freely you give everything that you are,’ ‘you set me free’ and ‘I’m so happy when I fly.’

Ms. Bird writes her own songs and sings them while playing her guitar. Another song was sort of a love song, she said, and one that is popular on all of the Reservations. Some of the sounds she produced sounded something like “hey-ah-e-ah-ooh-ay-yaahehe,” and when her song ended, she enthusiastically said, “a little bit of Indian blues!”

Her performance was quite something else. After leaving the luncheon, Ms. Bird then visited Twining School to give a similar performance for the school kids.

A professor of various topics related to Indian Studies, Dr. Gagnon provided a vast amount of information on Native Americans. Many of the topics were serious, yet he added an occasional dose of humor to keep everyone’s spirits up. “You’re here, and my assumption is that you have come out of a desire to learn things,” he said.

Dr. Gagnon addressed that ‘American Indian’ and ‘Native American’ could both be used, and how many of the youth called themselves ‘Native American.’ He said he originally came from a Reservation near the border of Wisconsin.

“What’s an Indian?” Dr. Gagnon asked the audience.

He said there was a stereotype that Indians look and act like their ancestors did, yet that is not the case.

“We believe and accept that there are different things for different people. We are not all alike, we don’t always agree,” he said.

He said he wanted to pass down two things for us to remember and pass on to our children.

“First, all Indians are not alike... we come in a variety of shapes, sizes, political and religious backgrounds,” he said.

“Some of us do have blue eyes. There’s a wide variety of us.”

He then gave examples of some of these differences and also mentioned how many of

U.S. Indians are an indigenous population of the U.S. Today’s Indians are from sovereign nations, all of which are acknowledged by the U.S. and some even have a land base,” he said.

He said Indians have a unique status because they have their own land and government. “I have a reservation, I can go home,” said Dr. Gagnon.

“Indians have a ‘home’ in the U.S. and are not minorities in this context.

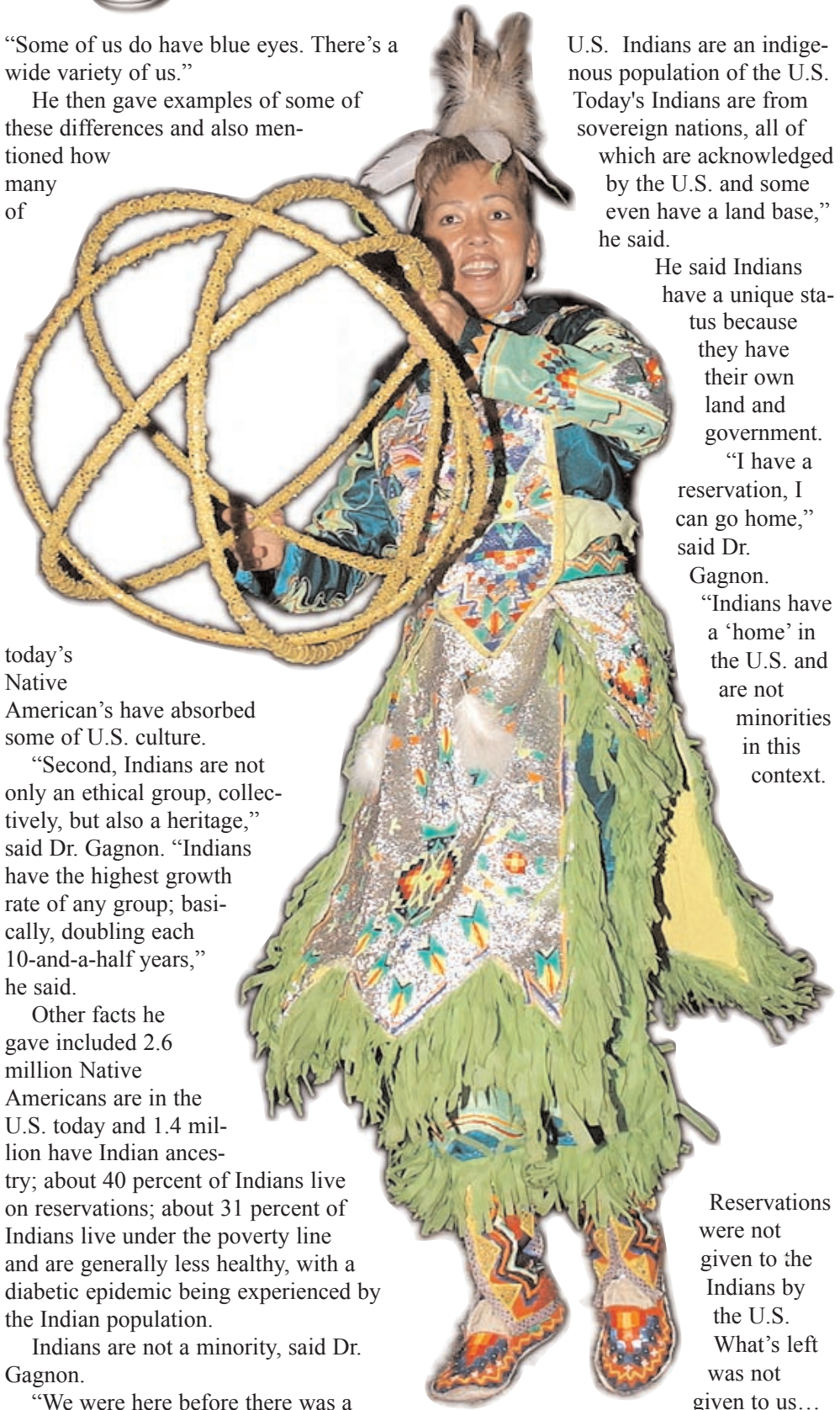
today’s Native American’s have absorbed some of U.S. culture.

“Second, Indians are not only an ethical group, collectively, but also a heritage,” said Dr. Gagnon. “Indians have the highest growth rate of any group; basically, doubling each 10-and-a-half years,” he said.

Other facts he gave included 2.6 million Native Americans are in the U.S. today and 1.4 million have Indian ancestry; about 40 percent of Indians live on reservations; about 31 percent of Indians live under the poverty line and are generally less healthy, with a diabetic epidemic being experienced by the Indian population.

Indians are not a minority, said Dr. Gagnon.

“We were here before there was a



it was already there.”

“Tribal governments today have as much sovereignty as any government in the U.S. today, though they are no longer allowed to declare war or coin their own currency,” he said.

Dr. Gagnon went on to discuss government and noted that tribal governments still exist today and that they actually existed before the U.S. as we know it today. He said that there are over 300 reservations today, including Alaska and “the 48” as he referred to it and that about 100 of those are in the continental U.S.

In fact, the Federal government has a unique relationship with Indian tribes, derived from the Constitution of the United States, treaties, Supreme Court doctrine, and Federal statutes. It is deeply rooted in American history, dating back to the earliest contact in which colonial governments addressed Indian tribes as sovereign nations.

“There is an interesting history of Indians in the military,” said Dr. Gagnon. “Indians have fought in every war this side, in the U.S., since there was a U.S. and even before there was one.”

His dad retired as a Major in the military and a couple of his sons had served in the military. He said Indians were eligible for the U.S. draft since 1924.

Dr. Gagnon said yes, Indians do pay taxes, but don’t have to pay state taxes because they’re on Reservation land. Also, casinos don’t necessarily make Indians rich, how there are some reservation casinos that are more wealthy and profitable, but how one in North Dakota lost money two years ago. He addressed the opposition on the ‘Fighting Sioux’ mascot and logo, and said the way it was being used as a sports symbol was fine and fun, yet he asked, “When it’s people, is that fun?”

He gave an example of an American Indian child attending and hearing shouts about the Sioux.

Other topics Dr. Gagnon covered related to education, how about 51 percent of Indians have a high school diploma, and the year he graduated with a doctorate, he was one out of 2,500 Indians, whereas last year 100 Indians graduated with a PhD. He said tribal colleges exist on each Reservation and they are accredited.

All in all, the audience learned a lot of information and gained a new perspective on the Native American culture and heritage through the visiting speaker’s presentation and the visiting artist’s performance.

Passing heritage from one generation to next

By Airman Patrice Clarke
Public affairs

She lived a large part of her life on a reservation. Everything she every needed was right there. When she grew up and had kids of her own, she made a large effort to make sure her kids knew where they came from. Even though her daughter went to public schools and did all the things an average American teenage girl would do, she never forgot the things her mother taught her. Now the third generation is carrying on the tradition.

Mrs. Karen GreyEyes, Family Advocacy Outreach Manager here, is a full blood Spirit Lake Dakota, her daughter was once traveling princess for Spirit Lake and now her granddaughter is the new Little Miss Spirit Lake princess.

“One of the main things I try to do is stay deeply in touch with my roots,” she said.

Mrs. GreyEyes was born on the Spirit Lake reservation in Fort Totten, North Dakota. She attended all twelve school years in a federal Indian boarding school.

“Most Native Americans attended boarding schools back when I was growing up. There were religious schools, ‘border town’ schools and all Indian schools. I chose the federal school to stay close to Indian people.



Mrs. Karen Greyeyes

I started meeting people of different races after high school when I started college. Until then I lived a pretty isolated life, first on the reservation then in an all Indian school so when I left that, it was a shock. There was a definite line or boundary between Indians and whites in those days, we were not invited into their houses and we didn’t invite them to ours,” she said.

Mrs. GreyEyes tries hard to make sure that her daughter understands where she’s from. Even though she went to the public schools, she made it a point to expose her to all aspects of Native American culture such as ceremonies, powwows, gatherings, and other Native American activities.

Although there is a difference between tribes, you have to be at least a one fourth Spirit Lake blood to be registered with Mrs. GreyEye’s tribe. Some tribes accept all Indian blood, but hers only accepts Sioux/Dakota blood. “It’s a long and complicated system but simply put, you must meet the blood quantum requirement, then you are “accepted” by a tribal enrollment committee and then assigned an ‘enrollment number,’ like a social security number, only it’s a Native American number,” said Mrs. GreyEyes

““We’ve made a personal commitment to teach my granddaughter what I tried to convey to my children about our culture, things like what is proper during funerals, and memorials, honoring veterans, respecting yourself, being proud of being Indian etc., I want my children to know the meaning behind things like earning a eagle feather, being given the privilege of wearing a eagle plume and representing your people.

“These are important things to me and I want them to know. That there is good in all things,” she said.

Now that Mrs. GreyEyes is a grandmother, her role has become more significant.

“Grandmothers are very important to us. It’s not unusual for grandmothers to be the ones to take responsibility for the teaching of their grandbabies. It’s a role I take very seriously, I’m so proud of her, she’s well known in the powwow circuit and she’s only two,” she said.

Warrior varsity sports winter schedule

Men’s basketball

Sept. 30	Grand Forks Showtime	Home	98-79 W
Nov. 12	Grand Forks League Play	Red River HS Ct 2	79-47 W
Nov. 13	Jamestown University JV	Jamestown, N.D.	60-83 L
Nov. 14	Iowa Central Commuity College	Fort Dodge, Iowa	37-79 L
Nov. 15	Iowa Central Community College	Fort Dodge, Iowa	56-104 L
Nov. 19	Grand Forks League Play	Red River HS, Ct 2	99-87 W
Nov. 21	University of Mary	Bismarck, N.D.	95-100 L
Dec. 6	Minot AFB	HOME	7 p.m.
Dec. 7	Minot AFB	HOME	10 a.m.
Dec. 10	Grand Forks League Play	Red River HS, Ct 2	6:30 p.m.
Dec. 17	Grand Forks League Play	Red River HS, Ct 2	7:45 p.m.
Jan. 9	Canadian National Armed Forces Team	HOME	TBA
Jan. 10	Canadian National Armed Forces Team	HOME	TBA
Jan. 11	Concordia College	Moorehead, Minn.	3 p.m.
Jan. 14	Grand Forks League Play	Red River HS, Ct 2	6:30 p.m.
Jan. 17	Devil’s Lake Tournament	Devil’s Lake, N.D.	TBA
Jan. 18	Devil’s Lake Tournament	Devil’s Lake, ND	TBA
Jan. 21	Grand Forks League Play	Red River HS, Ct 1	9 p.m.
Jan. 25	Concordia College	HOME	3 p.m.
Jan. 28	Grand Forks League Play	Red River HS, Ct 2	9 p.m.
Feb. 1	Jamestown College Tournament	Jamestown, N.D.	TBA
Feb. 4	Grand Forks League Play	Red River HS, Ct 1	7:45 p.m.
Feb. 4	Grand Forks League Play	UND	9:30 p.m.
Feb. 7	Valley City Tournament	Valley City, N.D.	TBA
Feb. 8	Valley City Tournament	Valley City, N.D.	TBA
Feb. 11	Grand Forks League Play	Red River HS, Ct 1	6:30 p.m.
Feb. 18	Grand Forks League Play	TBA	TBA
Feb. 21	Fargo Tournament	Fargo, N.D.	TBA
Feb. 22	Fargo Tournament	Fargo, N.D.	TBA
Feb. 25	Grand Forks League Play	TBA	TBA
March 3	Grand Forks League Play	TBA	TBA
March 10	Grand Forks League Play	TBA	TBA
March 13	Mandan Tournament	Mandan, N.D.	TBA
March 14	Mandan Tournament	Mandan, N.D.	TBA
March 26	Bismarck State Tournament	Bismarck, N.D.	TBA
March 27	Bismarck State Tournament	Bismarck, N.D.	TBA
March 28	Bismarck State Tournament	Bismarck, N.D.	TBA

Women’s basketball

Dec. 3	Grand Forks League Play	South Middle School	7:45 p.m.
Dec. 10	Grand Forks League Play	South Middle School	7:45 p.m.
Dec. 17	Grand Forks League Play	South Middle School	6:30 p.m.
Jan. 14	Grand Forks League Play	South Middle School	9 p.m.
Jan. 21	Grand Forks League Play	South Middle School	6:30 p.m.
Jan. 28	Grand Forks League Play	South Middle School	6:30 p.m.
Feb. 4	Grand Forks League Play	South Middle School	6:30 p.m.
Feb. 11	Grand Forks League Play	South Middle School	7:45 p.m.
Feb. 18	Grand Forks League Play	South Middle School	7:45 p.m.
Feb. 25	Grand Forks League Play	South Middle School	7:45 p.m.
March 3	Grand Forks League Play	South Middle School	7 p.m.
March 10	Grand Forks League Play	South Middle School	6:30 p.m.

Men’s hockey

Dec. 3	Caufield Studios	Blue Line Club	6 p.m.
Dec. 10	Gerrell’s	Eagles	7 p.m.
Dec. 17	Red Army	Blue Line Club	7:15 p.m.
Jan. 7	El Roco	Eagles	9:30 p.m.
Jan. 14	Amazon.com	Blue Line Club	8:30 p.m.
Jan. 28	Rumors	Blue Line Club	7:15 p.m.
Feb. 4	Caufield Studios	Eagles	7 p.m.
Feb. 11	Gerrell’s	Blue Line Club	6 p.m.
Feb. 18	Red Army	Eagles	8:15 p.m.
Feb. 25	El Roco	Blue Line Club	8:30 p.m.

Sports

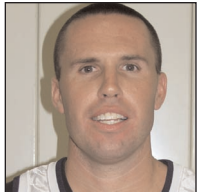
2003-2004 men's varsity basketball team



D.J. Lemelle
Head coach

Hometown:
Opelousas,
Louisiana

**Teaching/Coaching
experience:**
15 years



Matt Wireman
Guard
captain

Hometown:
Cleveland

Height/Weight:
6'0"/175 pounds

Playing experience:
Open Door Christian
School, Cedarville
(Ohio) University, Vienna Dragons
(Austrian Professional League), All-Air
Force Team (1995, 1996)

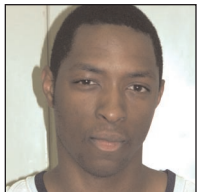


Soultz Dukes
Guard/Forward
captain

Hometown:
St. Louis

Height/Weight:
6'1"/225 pounds

Playing experience:
Parkway West High
School, Flow Valley
(San Antonio) University, St. Louis
Wolves (AAU)

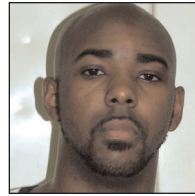


Russell Mackey
Guard

Hometown:
Valdosta, Georgia

Height/Weight:
5'10"/155 pounds

Playing experience:
Two years intramural

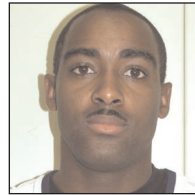


O.J. Oden
Guard

Hometown:
Moore, Oklahoma

Height/Weight:
5'10"/175 pounds

Playing experience:
Moore Lions

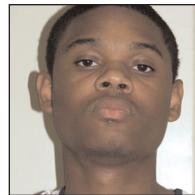


Javron Rushing
Forward

Hometown:
Phoenix

Height/Weight:
6'1"/208 pounds

Playing experience:
Two years intramural



Tyrone Edwards
Guard/Forward

Hometown:
Beaumont, Texas

Height/Weight:
6'0"/150 pounds

Playing experience:
Ozen High School

**Photo not
available**

Jeffrey Felton
Forward

Hometown:
Montezuma,
Georgia

Height/Weight:
6'1"/210 pounds

Playing experience:
Macon County H.S.

Hometown:
Sumter, S.C.

Height/Weight:
6'1"/203 pounds

Playing experience:
Sumter High School

**Photo not
available**

Brandon Franklin
Forward

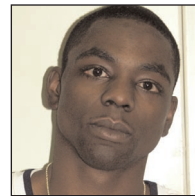


Melvyn Thompson
Guard

Hometown:
Newark, N.J.

Height/Weight:
6'0"/195 pounds

Playing experience:
St. Benedict's Prep
High School, Newark Rams (AAU)

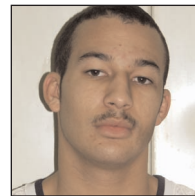


George Fowlkes
Guard

Hometown:
Hampton, Virginia

Height/Weight:
5'11"/175 pounds

Playing experience:
Jacksonville H.S.,
Little Rock Hawks (AAU)

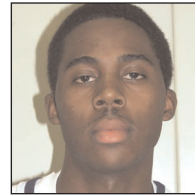


Eric Williams
Guard

Hometown:
Radcliff, Kentucky

Height/Weight:
6'0"/175 pounds

Playing experience:
North Hardin H.S.,
Bethel (Tenn.) College

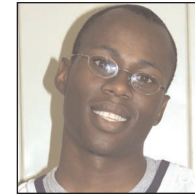


DeMichael Zellars
Guard/Forward

Hometown:
Atlanta

Height/Weight:
6'4"/175 pounds

Playing experience:
Riverdale High
School, Georgia Stars (AAU)



Marquise Dawkins
Guard

Hometown:
Greenville, S.C.

Height/Weight:
5'10"/145 pounds

Playing experience:
Martdin High School,
Greenville Tarheels (AAU)



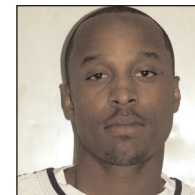
Antwaun William
Guard

Hometown:
Chicago

Height/Weight:
6'0"/150 pounds

School

Playing experience:
Thornwood High

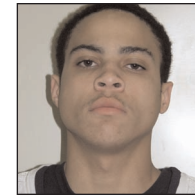


Adonis Ball
Forward

Hometown:
San Jose

Height/Weight:
6'0"/190 pounds

Playing experience:
Three years intramural



Clarence Flood
Guard

Hometown:
Anoskie, N.C.

Height/Weight:
5'7"/144 pounds

Playing experience:
Hartford County High
School

23rd ANNUAL Tree Lighting

**Dec. 4, 4 pm
at the Base Library**

**Winners of the Card and
Cookie Contest will be
announced and prizes
awarded! And it's not too
late to enter!**

Card Contest

Enter the Skills Development Center's Annual Holiday Card Contest. Two categories: Family & Squadron. Stop by the Skills Development Center for contest details and to pick up your free 30" x 40" foam board. All entries should be turned in to the Skills Development Center by Dec. 2 and will be displayed at the Base Library Dec. 4.

Cookie Contest

Stop by the Base Library or any Services Facility for complete contest rules; we have both adult and youth categories. Recipe entries are due to the Library by Dec. 2. Participants will be asked to bring a dozen cookies to the Library by Noon Dec. 4 for judging.



**The Tree Lighting, Holiday Card &
Cookie Contest is part of our holiday
tradition at GFAFB.**

A BIT OF SOMETHING EXTRA!

This year's tree lighting will have an added attraction - to honor the bicentennial of Sakakawea, a new holiday tree will be dedicated. She was a significant contributor to the success of the Lewis and Clark Expedition as a translator, guide, wife and mother; and to acknowledge the immeasurable achievements of all Native Americans and Warriors of the North.

319th Services offers great holiday specials!

Great Gifts!

Dakota Lanes Bowling Center

- ◆ 10% off all balls and bags in stock and 5% off any special order balls and bags!
- ◆ Buy a HOLIDAY BOWLING CARD – bowl as many games as you want December 20 through 31. Cost is \$15 per person. Not valid for Bowl By Mail.

Plainsview Golf Course Pro Shop

- ◆ 15% off clubs, shoes, gloves, windbreakers
- ◆ PLUS - Ladies Full Sets, Graphite 20% off!

Skills Development Center

- ◆ All framing orders must be placed by December 15.
- ◆ Delta ceramiccoats 2 oz bottles \$1 ea – December 1 through 6
- ◆ Rubber Stamps – 25% off – December 8 through 13
- ◆ DMC floss four for a dollar and Ribbons and lace – 25% off – December 15 through 20
- ◆ PLUS, a table of discontinued items!

Rental Package Specials!

Dec. 24 to 29 and Dec. 31 to Jan. 5, 2004

1. Rent a downhill ski package for only \$25
2. Rent a cross-country ski package for only \$12.50
3. Rent a snowboard for only \$42.50

Rental packages need to be picked up by noon on Dec. 24 and 31 and returned by 3 pm Dec. 29 and Jan. 5, 2004.

Holiday Package Shipping!

Outdoor Recreation is just the place to send off your holiday packages!

We offer a variety of boxes for sale and for a fee, will help prepare your packages for shipping. *are your station for UPS shipping!* See page 3 box sizes and prices.



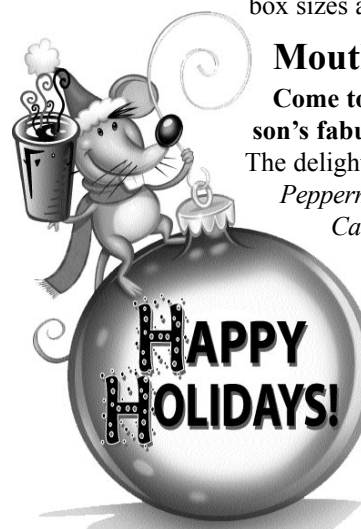
Mouth Watering Drinks!

Come to Fast Eddie's and try out this season's fabulous holiday coffee drinks!

The delightful flavors are:

Peppermint Mocha, Holiday Nutty Spiced Caramel Latte, Holiday Toffee Coffee Mocha, Spiced Egg Nog Latte and Milk Chocolate Candy Cane Capuccino

Also, if you're in need of the perfect holiday gift for your troops, spouse, friends or family – Fast Eddie's has the answer! Pick up a prepaid Holiday coupon booklet for that someone special.



The 'services spotlight' is a monthly supplement to the Leader of Grand Forks Air Force Base, United States Air Force. The contents of the 'services spotlight' do not constitute endorsement by DOD, the Department of the Air Force or the Grand Forks Herald. Everything advertised is available without regard to race, color, religion, sex or other non-merit factors of the purchaser, user or patron.

The 'services spotlight' is produced by the Marketing/Publicity Office, 319 SVS/SVK, 784 Eielson Street, Grand Forks AFB, North Dakota, 58205-6631.



www.gf-services.com

319th Services Commander:

Major Elizabeth A. Demmons

Marketing Director/Commercial

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Turtle River State Park Sledding Trips

December 13 for preteens ages 6 – 12
Departure: 1 pm from the Youth Center
Return: 4 pm
Cost: \$3; need ten to hold
Sign up by December 9.

December 22 Teens ages 13 – 18
Departure: 1 pm from the Youth Center
Return: 4 pm
Cost: \$3; need ten to hold.
Sign up by December 18. *Both trips youth will need a sled, warm clothing and a signed parent permission slip.*

Holiday Dances

December 20
Preteen ages 6 - 12 from 7:30 to 9 pm
Teens ages 13 - 18 from 9:30 to 11 pm
Cost: \$3
Both dances are held at the Youth Center. Sign up at the Youth Center by December 16.

Fargo's West Acres Mall Shopping Trip

December 23 for teens ages 13 – 18
Cost: \$10; need ten to hold.
Departure: Noon from the Youth Center
Return: 7:30 pm
Sign up at the Youth Center by December 17.
Youth will need money for shopping and will be eating at the food court. A parent permission slip is required.

Save \$1 Skating

December 26
Bring a canned food item – receive \$1 off admission. Food items will be given to the local food shelf.

"First Night" Event Trip

December 31

Youth & Family are welcome to this event! The Youth Center will be taking a van downtown to the Grand Cities "First Night" Activities. Contact the Youth Center for a listing of events, times and trip information. This is a nonalcoholic New Year's Eve celebration. Youth 8 and under must be accompanied by a parent/guardian.

REGISTRATIONS

Floor Hockey

December 1 through 15 for ages 5 and up
Cost: \$30 with a current physical

Traveling Basketball

December 15 through January 15, 2004 for boys and girls in grades 6, 7, 8 and 9
Cost is \$37 with a current physical
Register for both at the Youth Center

Coaches needed!

For all age groups
Coaches Certification is required
Please contact the Youth Center for details.

WEEKLY NOTES

Tuesdays – Parent/Tot Playgroup, for ages 2 – 5 from 10 am to noon at Liberty Square.

Wednesdays – Fine Arts Program, for ages 6 – 12 from 6 to 7 pm and ages 13 – 18 from 7 to 8 pm.

Thursdays – Volleyball Games, for ages 9 - 12 at 5:30 pm and ages 13 – 18 at 6:30 pm at the Youth Center. Youth can sign up 15 minutes prior to start time.

Fridays – Open Skating, for ages 6 - 18 from 6 to 10 pm at Liberty Square. Admission cost: \$3, skate rental: \$2. Snack bar hours: 6 to 10 pm. Roller Blades may be used. Ask us about our special Family discount rates! **Teen Center**, for ages 13 – 18 from 6 to 11 pm.

Saturdays – "3 on 3" Basketball Games, for ages 9 - 12 at 7 pm and ages 13 – 18 at 9 pm. Youth pick their own teams of three. Two Sessions – September/October and November/December, a

total game win Champion awarded for each session. Youth must sign up 15 minutes prior to start time.

WARMING HOUSE HOURS

(Weather Permitting):

Monday-Thursday, 5:30 to 7:30 pm

Saturdays, 4:30 to 10:30 pm

Friday/Sunday/Holidays, Closed

Ice Skates (hockey and figure skates) can be rented inside the Youth Center for \$1 per night.

HOLIDAY HOURS

Youth Center – Dec. 22, 23, 29 & 30

Ages 9 – 12, 5 to 8 pm

Ages 13 – 18, 5 to 10 pm

Youth Center – Dec 27. & Jan. 3, 2004

Ages 9 – 12, 4 to 9 pm

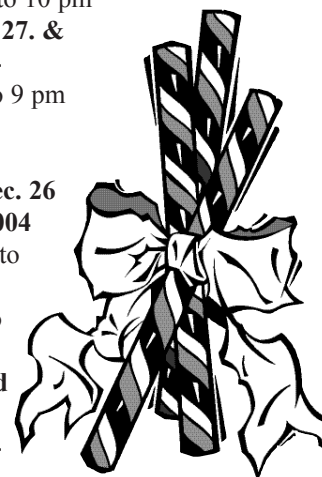
Ages 13 – 18, 4 to 11 pm

Liberty Square – Dec. 26 & Jan. 2, 2004

Open Skating, 6 to 10 pm

Teen Center, 6 to 11 pm

Youth Center Closed – Dec. 24, 25, 31 & Jan. 1, 2004



EXTRA BITS

Family Child Care Food Program

The Grand Forks Family Child Care Program participates in the child and adult food program. Under the program, the same meals will be made available to all enrolled children at no separate charge.

In the operation of child nutrition programs, no child will be discriminated against on the basis of race, color, national origin, age, sex or disability.

If you believe you've been discriminated against, write immediately to the Secretary of Agriculture, Washington D.C. 20250.

4th ANNUAL Air Force "Bowl by Mail"

A WORLDWIDE YOUTH BOWLING EVENT FOR AGES 5 - 18

Compete with youth your age from around the world!
December 30 at Dakota Lanes Bowling Center
Start time will be 1:00 pm. Cost is \$5 for 3 games

Certificates of Participation will be awarded to all the participants!

Top three in each age category (male/female) High Game & High Series will be submitted to MAJCOM to compete for Air Force Honor

Register at the Youth Center from December 1 to 22



Age Categories:

Age 5 - 8, male/female, high game/series
Age 9 - 11, male/female, high game/series
Age 12 - 14, male/female, high game/series
Age 15 - 18, male/female, high game/series

Outdoor Recreation is offering a chance for that last minute shopping



Winnipeg Holiday Trip

Spend an enjoyable Saturday in the Winnipeg holiday Environment!

Date: Dec. 6

Depart: 8 am from Outdoor Recreation

Return: Same evening

Transportation cost: \$17.50 per person

Lots of holiday sights, sounds and smells - get into the holiday spirit. We will stop at The Forks where you can wander through Market Plaza and Johnston Terminal; or strap on skates and whirl across the ice to the sounds of holiday music. Next, we will head to Polo Park with 200 stores spread over two spacious levels. Polo Park features stores such as Talbot's, Harry Rosen, Bombay Co. and Daniadown Quilts. Sign up by Dec. 3.

Fargo Shopping Trip

Great opportunity to get that last minute holiday shopping done!

Date: Dec. 13

Depart: 8 am from Outdoor Recreation

Return: Early Evening

Transportation cost: \$10 per person; children under five years of age are free. Sign up by Dec. 10.

20 SEATS AVAILABLE!

For Minnesota Timberwolves Vs. Miami Heat

SATURDAY, JANUARY 10, 2004 AT 7 PM

Cost: \$145 includes tickets, transportation and lodging

Call or come by Outdoor Recreation
reserve your ticket!

NEED A MEETING PLACE...

We've got just the place!

Book your meetings or
gathering here and
warm yourselves by
the fire!

Or reserve the **BUNKER
LOUNGE downstairs!**

Breakfast - 7 to 10:30 am

Lunch - 11 am to 1:30 pm

PUTTERS SNACK BAR, 747-4282



**Plainsview
Golf Course**

Grand Forks AFB, North Dakota
747-4279

**WHILE
YOU'RE
HERE!
Check out
our state-of-
art
simulator!**

SERVICES OFFERED

UPS Shipping - Bring your package to us for all your shipping needs.

Small Engine Repairs - Engine mechanic can do all your small engine repairs. If your snow blower is not in running condition, have us look at it before the snow flies. Bring it to us and have it tuned up.

Chain Saws for Rent - We have two chain saws available for rent. Each rents for \$30 per day and comes complete with saw and carrying case, safety goggles, safety chaps, file, chain lube and one-gallon gas.

Auto Car Carrier & Tow Dolly - Outdoor Recreation has a full Auto Car Carrier and tow dolly available for local rental use only. Cost is \$35 per day. A full size pickup is needed with Class III or V hitch, electric brake controller, and 2 5/16" ball for renting the car carrier.

ND Hunting and Fishing Licenses - 2003-2004 North Dakota Hunting and Fishing Licenses are available at Outdoor Recreation. By law, you must present your hunter safety certificate upon purchasing your hunting license.

Ice Fishing Equipment - We have two- and four-person Frabill portable ice shanties, 10" Jiffy ice augers portable sunflower-type propane heaters and assorted ice fishing equipment.

Boxes for sale - Current sizes/prices are: small/\$1.30, medium/\$2.00, large/\$2.40, dish pack/\$7.50, wardrobe/\$8.80, hanger bar for wardrobe box/\$1.40.

SKI EXPRESS

Trip prices

Adults pay \$25 for skis, \$30 for snowboards, and children (ages 12 and under) pay \$12.50. Price includes transportation, ski rental and snowboards —limited availability on snowboards. Bring extra money for the lift ticket, food, etc.


Easy rental

Get yourself sized for downhill or cross-country skis, boots & poles. Once we have your size on file, all you have to do is call ahead and your customized package will be ready for pick up that day.

Remember, Outdoor Recreation not only has your complete ski packages for rent, but we also carry snowboards, ski racks, sleds & toboggans. Come by Outdoor Recreation for a complete price guide on renting equipment.

Ski Edge and Wax

Outdoor Recreation offers this service for only \$20 per ski pair or board. Below is the weekend downhill ski trip scheduled. If you don't have the equipment - don't worry, we have all the equipment you need from skis to snowboards. Come by and see us, we'll get you down the slopes!

Come aboard Outdoor Ski Classes! 2004 schedule		
	December 2003	
	Frost Fire	Dec. 6
	Buena Vista	Dec. 13
	Andes Towers	Dec. 20
	Giants Ridge	Dec. 27
January 2004	Frost Fire	Jan. 3
	Buena Vista	Jan. 10
	Holiday Mountain	Jan. 17
	Andes Tower	Jan. 24
	Winter Park	Jan. 31
	February 2004	
	Frost Fire	Feb. 7
	Buena Vista	Feb. 14
	Giants Ridge	Feb. 21
	Frost Fire	Feb. 28
	March 2004	
	Frost Fire	Mar. 6
	Buena Vista	Mar. 13
	Giants Ridge	Mar. 20
	Andes Towers	Mar. 27

FROM THE SKILLS DEVELOPMENT CENTER

Classes: Scrapbooking - Dec. 18, *Winter pages* from 11 am to 1 pm. Cost: \$5.50 plus supplies

Framing - Dec. 13 from 10 am to 5 pm. Cost: \$20 plus supplies

OUTDOOR RECREATION -

Bring in the New Year...2004

DINNER & DANCING

at the Northern
Lights Club

Dinner
6 to 9 pm
Prime Rib & Jumbo Shrimp
with potato, vegetables, salad, rolls and dessert
\$15 per person; \$3 Members
First Discount

Get your reservation soon! Call 747-3392

Dancing
9 pm to 2 am
**DJ, Party Favors &
Campagne toast**
at midnight
Members FREE
Non-members \$5

CLUB MEMBER BENEFITS

Did you know about?

Birthday Coupons – Come to the Northern Lights cashier cage, show your Club Card and ID, and receive a coupon good for one **FREE** Lunch or Sunday Brunch!

AND

Referral Rewards – Refer a non-member and receive a coupon good for one **FREE** Lunch or Sunday Brunch!

Member's First DISCOUNT! Lunch \$2 off - Dinner \$3 off - Sunday Brunch \$3 off

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 LUNCH* 1-Chef's Choice 8-Country Steak 15-Chef's Choice 22-Pepper Steak 29-Closed	2 LUNCH* 2-Baked Chicken 9-Pork Chops 16-Pork Roast 23-Baked & Fried Chicken 30-Closed	3 LUNCH* 3-Beef Stroganoff 10-Fried Chicken 17-Turkey Roast 24-Closed 31-New Year's	4 LUNCH* 4-Sausage & Kraut 11-Meatloaf 18-Baked Chicken 25-Closed	5 Evening Dining SPECIAL! 10 oz Sirloin Steak	6 SATURDAY NIGHTS! OPEN TO ALL RANKS! The Sports Bar 5 pm to 3 am Karaoke! 10 pm to 3 am Late Night Club Mix 10 pm to 3 am
7	8	9	10	11 MEMBERS SPECIAL! \$1 Lunch Day	12 FRIDAY LUNCH* Seafood	
BRUNCH EVERY SUNDAY 10:30 am to 1:30 pm	PASTA BAR everyday for lunch!			Evening Dining Wed.-Thur. 5:30 to 8 pm	Evening Dining SPECIAL! Steak Night	
	14	15	16	17	18	19
		The Sports Bar open Monday - Thursday starting at 4 pm		Evening Dining SPECIAL! "All-You-Can-Eat-Taco Bar" \$6.00	12 oz. Ribeye \$12.95 8 oz. Sirloin \$10.50 20 oz. Sirloin \$13.75 8 oz. Charbroiled Chicken \$9.50 Children's Menu available!	TGIF Every Friday 5 pm Evening Dining SPECIAL! Steak Night
21	22	23	24	25	26	27
In the Sports Bar Football Frenzy Sundays and Mondays!		FREE Pool Tuesdays!	CLOSED FOR THE HOLIDAYS			
28	29	30	31			
CLOSED TODAY FOR SUNDAY BRUNCH	*A La Carte lunch Mon-Fri from 11 am to 1 pm All lunches and dinners can be made for CARRY-OUT orders CLOSED FOR LUNCH		New Year's Eve Dinner & Dancing from 6 pm to 2 am See page 1 for details	Ask us about the benefits! Members First	December	